



The Cosmic School is honoured to bring to you this insight and to welcome Dr. Monica Berger from Guatemala with us.

"Maya ethnomedicine today: A bridge for inner and cosmic learning"



In this approximately three hour workshop you will receive an introduction to Maya cosmoperception and some of the principles applied to reach 'Raxnaq'il Nuküas-lemal' or wellbeing in our lives. Dr. Monica Berger Gonzalez, a Guatemalan medical anthropologist trained as an Ajq'ij (Spiritual Guide) by Maya Kaqchikel and Maya K'iche' elders, will share insights from decades of research and life-practice. We will immerse in the fractal world of Maya time-keeping to understand regeneration from the cell level to planetary level, the role of elements, plants, animals, humans and Gaia in this process, and how to weave our consciousness to become the change this planet needs.

Sunday, October 16, 5 to 8PM

Aarmühlestrasse 29, 3800 Interlaken

(3 parking lots in front of the house)

In English language

Suggested donation is CHF 20.

Looking forward to seeing you.

Please RSVP to lillian.fellmann@gmail.com

Links in Spanish:

Academic link in Del Valle University: www.ces.uvg.edu.gt/page/program/unidad-de-antropologia-medica/

Popol Jay project: www.popoljay.org.gt/